

# Weekly Menu 2



## MONDAY

### SOUP

Tomato & Basil

### MAINS

Singapore-style Chicken  
Fried Rice (T)

### VEGETARIAN MAIN

Spinach & Mushroom Pasta  
Bake

### SIDES

Roasted New Potatoes,  
Carrots & Sugar Snap Peas

### DESSERT

Rice Pudding or Jelly

### FRUIT

Sliced & Whole Fruit

## TUESDAY

### SOUP

Butternut Squash & Chilli

### MAINS

Chilli Con Carne (H)

### VEGETARIAN MAIN

Smokey Mixed Bean Stew

### SIDES

Rice, Tortilla Chips, Sugar  
Snap Peas

### DESSERT

Chocolate Sponge &  
Chocolate Sauce

### FRUIT

Sliced Fruit

*Salad Bar, Sandwiches & Oven Baked Jacket Potato with hot & cold fillings available at the counter daily*

## WEDNESDAY

### SOUP

Mushroom

### MAINS

Creamy Chicken with Peppers

### VEGETARIAN MAIN

Bang Bang Cauliflower

### SIDES

Rice, Pak Choi & Chestnut  
Mushrooms

### DESSERT

Rocky road

### FRUIT

Sliced Fruit

## THURSDAY

### SOUP

Spiced Sweet Potato

### MAINS

Stir-fry Beef Noodles (H)

### VEGETARIAN MAIN

Tomato Pasta Bake

### SIDES

Green Beans

### DESSERT

Cupcakes

### FRUIT

Sliced & Whole Fruit

## FRIDAY

### SOUP

Mixed Vegetable

### MAINS

Gammon Steak

### VEGETARIAN MAIN

Quorn Sausage Casserole

### SIDES

Chips, Egg, Pineapple, Peas

### DESSERT

Marble Cake & Custard

### FRUIT

Sliced Fruit

*Please ask a member of staff if you require information or require a special meal GF = gluten free, DF = Dairy Free, Suitable for Vegans. For details on all allergens please speak to the staff.*