# Weekly Menu 1



# MONDAY

#### SOUP

Tomato & Basil

#### MAINS

Chicken Korma (H)

# **VEGETARIAN MAIN**

Veggie Pasanda

#### LIGHTER LUNCH

Ciabatta Pizzas

#### SIDES

Pilau Rice, Naan, Chutneys, Curried Cauliflower

#### **DESSERT**

Flapjack

## **FRUIT**

Sliced Fruit

# **TUESDAY**

#### SOUP

Carrot & Coriander

#### **MAINS**

Beef Bolognese Pasta Bake (T)

# **VEGETARIAN MAIN**

Quorn Meatballs in Tomato Sauce

# **LIGHTER LUNCH**

Jambalaya

#### SIDES

Pasta, Carrots & Mangetout, Garlic Bread

# **DESSERT**

Westholme Dark Chocolate Brownie

### **FRUIT**

Sliced & Whole Fruit

Fresh Baked Bread, Westholme Salad Bar & Oven Baked Jacket Potato with hot & cold fillings available at the counter daily

# WEDNESDAY

#### SOUP

Spring Onion, Potato & Cheddar

#### **MAINS**

Turkey Fricasse (H)

# **VEGETARIAN MAIN**

Vegetable Thai Green Curry

# LIGHTER LUNCH

Tomato & Basil Pesto Panini

# **SIDES**

Rice, Mixed Greens

# **DESSERT**

Pear Crumble & Custard

#### **FRUIT**

Sliced Fruit

# **THURSDAY**

#### SOUP

Minestrone

# **MAINS**

Corned Beef Hash (T)

# **VEGETARIAN MAIN**

Broccoli, Leek & Potato Bake

# LIGHTER LUNCH

Tomato Pasta Bake

# SIDES

Braised Red Cabbage, Peas

# **DESSERT**

Toffee Cake

# **FRUIT**

Sliced & Whole Fruit

# **FRIDAY**

#### SOUP

Cream of Veg

# **MAINS**

WFC - Westholme Fried Chicken (H/T)

#### **VEGETARIAN MAIN**

Malaysian Vegetable Curry

#### LIGHTER LUNCH

Pasta & Tomato Sauce

#### SIDES

Fries, Rice, Broccoli

#### **DESSERT**

Lemon Drizzle

# **FRUIT**

Sliced Fruit

Please ask a member of staff if you require information or require a special meal GF = gluten free, DF = Dairy Free, Suitable for Vegans. For details on all allergens please speak to the staff.