

# Weekly Menu 3



## MONDAY

### SOUP

Tomato & Basil

### MAINS

Chicken Cacciatora (T)

### VEGETARIAN MAIN

Creamy Tomato Pasta Bake

### LIGHTER LUNCH

Falafel

### SIDES

Rice, Mangetout & Broccoli

### DESSERT

Chocolate Flapjack

### FRUIT

Sliced Fruit

## TUESDAY

### SOUP

Spiced Moroccan Vegetable

### MAINS

Local Butcher's Choice Sausages (T)

### VEGETARIAN MAIN

Vegan Sausages

### LIGHTER LUNCH

Panini

### SIDES

Mashed Potato, Peas, Gravy

### DESSERT

Apple Crumble & Custard

### FRUIT

Sliced & Whole Fruit

*Fresh Baked Bread, Westholme Salad Bar & Oven Baked Jacket Potato with hot & cold fillings available at the counter daily*

## WEDNESDAY

### SOUP

Cheesy Cauliflower

### MAINS

Rich Beef Lasagne (H)

### VEGETARIAN MAIN

Vegetarian Tikka Masala

### LIGHTER LUNCH

Chicken (T) & Tomato Pasta Bake

### SIDES

Garlic Dough Balls, Rice, Courgettes & Peppers

### DESSERT

Red Velvet Cake

### FRUIT

Sliced Fruit

## THURSDAY

### SOUP

Tomato & Basil

### MAINS

Chicken Keema (H)

### VEGETARIAN MAIN

Pasta & Tomato Sauce

### LIGHTER LUNCH

Spring Onion & Cheese Filled Jackets

### SIDES

Naan, Indian-spiced Potato, Steamed Carrots

### DESSERT

Chocolate Orange Sponge & Custard

### FRUIT

Sliced & Whole Fruit

## FRIDAY

### SOUP

Cream of Veg

### MAINS

Meat Feast Pizza (T)

### VEGETARIAN MAIN

Margherita Pizza

### LIGHTER LUNCH

Kedgeree

### SIDES

Fries, Broccoli

### DESSERT

Bread & Butter Pudding with Custard

### FRUIT

Sliced Fruit

*Please ask a member of staff if you require information or require a special meal GF = gluten free, DF = Dairy Free, Suitable for Vegans. For details on all allergens please speak to the staff.*