



June 2020

Dear Parent

The following is the ***Westholme Code of Conduct for Extracurricular Sporting Activities***. When attending a sporting practice or fixture, each student should:

1. Observe normal school rules.	8. Avoid behaviour which might inconvenience others.
2. Cooperate fully with staff at all times.	9. Be considerate to others at all times.
3. Be punctual at all times.	10. Respect all requests and requirements made by staff and accompanying adults.
4. Be wearing the correct kit (no jewellery) and protective equipment for the sport being undertaken.	11. Behave at all times in a manner which reflects credit on one's self, to the party and to the school.
5. Not leave any fixture or practice without permission.	12. Abide by the laws, rules and regulations of the sporting venue visited.
6. Always arrange for prompt collection at school at the pre-arranged time. Staff are to be informed in advance if the time will be different.	13. If in doubt on any matter, consult with staff.
7. Accept that a full written report of any misconduct will be forwarded to the Senior Leadership Team and to parent(s).	14. Additionally, parents collecting students directly from a sporting venue other than school should ensure that they arrive at the pre-arranged time. No student will be left at a sporting venue, so if they are not picked up on time, they will be transported back to school with the rest of the team.

Due to Health and Safety recommendations, it is compulsory for all students to wear protective equipment as follows when participating in all lessons, practices and matches:

- Hockey - **mouthguard/gumshield** and **shin pads**
- Football - **shin pads**
- Rugby - **mouthguard/gumshield**. The wearing of head-gear in rugby is optional.

It should be noted that the gumshield should, in most circumstances, offer a measure of protection against mouth and jaw injuries and that a properly fitted one (i.e. from a dentist or a specialist gumshield company) will offer the best protection. If gumshields are of the 'self fit' variety, it is essential that any manufacturer's instructions relating to the wearing of a gumshield are strictly followed.

Opro Mouthguard Company, a specialised gumshield fitting company, are coming into School on **Friday 11th September 2020** and it is possible to book an appointment for a fitting on their website. There is a pamphlet enclosed in your information pack that gives further information about ordering – we hope this will be able to go ahead as planned.

Please read the above **Code of Conduct** and **Advice on Protective Equipment**, sign the attached slip and return it to Senior School Reception by **Wednesday 9th September 2020**.

Yours sincerely

A handwritten signature in black ink, appearing to read 'L Purdy', with a long horizontal flourish extending to the right.

Mr L A Purdy
Head of PE



PERMISSION SLIP

*Please return to the Senior School Reception by **Wednesday 9th September 2020.***

My child in Form

and I

(Names in block capitals please)

have read and understood the attached letter setting out the:

- **Westholme Code of Conduct for Extracurricular Sporting Activities**
- **Health and Safety Advice on Protective Equipment**

Signature of Student: **Date:** / /

Signature of Parent: **Date:** / /

